

ANNUAL ACTIVITY REPORT

OF

HELPING SOUL FOUNDATION

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FINANCIAL YEAR: 2020-21

PREFACE

In a world marked by social and economic disparities, Helping Soul Foundation have emerged as beacons of hope and catalysts for positive change. These organizations, driven by compassion and a commitment to social justice, strive to uplift and support the most vulnerable members of society. By addressing critical needs, providing essential services, and advocating for systemic change, Helping Soul Foundation play a vital role in creating a more equitable and inclusive world.

Helping Soul Foundation also play a crucial role in raising awareness and mobilizing public support for social causes. By engaging in public education campaigns, community outreach, and advocacy efforts, they aim to create a more empathetic and compassionate society. Through these initiatives, Helping Soul Foundation foster a sense of collective responsibility and encourage individuals to contribute their time, resources, and skills to creating positive change.

This preface serves as an introduction to the profound work and impact of Helping Soul Foundation. Throughout this publication, we will explore the inspiring stories, initiatives, and achievements of various Helping Soul Foundation worldwide. By shedding light on their endeavors, we hope to inspire readers to support and actively participate in the pursuit of a more just and equitable society. Together, we can build a future where every individual has the opportunity to thrive and live a life of dignity.

ACTIVITIES

1. Women's Day Celebration

Women's Day is a reminder that achieving gender equality requires collective action. It calls upon individuals, organizations, governments, and communities to actively participate in dismantling barriers, advocating for policy reforms, supporting women's initiatives, and fostering an inclusive and supportive environment. By working together, we can create lasting change and build a future where gender equality is a reality for all.



Women's Day acknowledges the diverse experiences and challenges faced by women from different backgrounds, ethnicities, abilities, sexual orientations, and socio-economic statuses. It emphasizes the importance of intersectionality in understanding the complexities of gender inequality and working towards solutions that address the unique needs and aspirations of all women. By fostering intersectionality, Women's Day aims to create a more inclusive feminist movement that recognizes and uplifts the voices of all women.

2. Distribution of Masks

Helping Soul Foundation distributed Masks for poor people living in neighborhood.

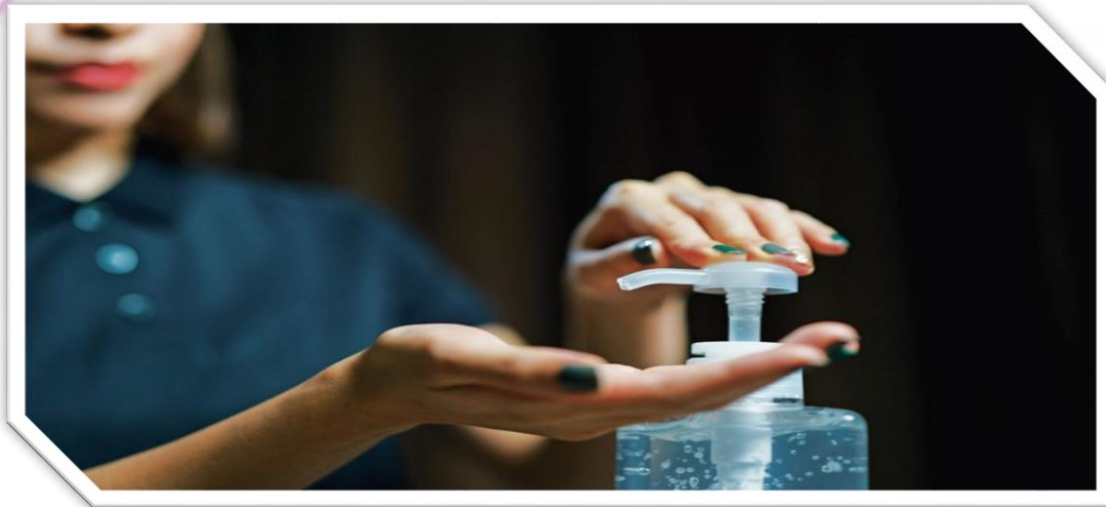


3. Distribution of Sanitizer

Hand sanitizer awareness plays a critical role in promoting good hand hygiene practices and preventing the spread of illnesses. By understanding the effectiveness, proper usage, and safety considerations of hand sanitizers, individuals can contribute to creating a safer and healthier community. Let us embrace hand sanitizer usage as an essential tool in our daily lives, alongside regular hand-washing, to protect ourselves and those around us. By practicing proper hand hygiene, we can work together towards a healthier future for all.

Hand sanitizer awareness programs highlight the significance of using sanitizers in public settings to reduce the spread of germs. Hand sanitizing stations in public areas, such as schools, offices, healthcare facilities, and transportation hubs, encourage individuals to maintain good hand hygiene practices. By promoting the availability and accessibility of hand sanitizers, communities can create a safer and healthier environment for everyone.

Proper hand sanitizer usage is crucial to maximize its effectiveness. Hand sanitizer awareness programs educate individuals on the correct application technique, which involves applying a sufficient amount of sanitizer (typically a dime-sized amount) to the palm of one hand and rubbing it all over the surfaces of both hands until dry. It is essential to cover all areas, including fingertips, nails, and the back of the hands, for a thorough disinfection.



4. Promoting Sanitation Awareness for a Healthy Future

Sanitation refers to the provision of facilities and services for the safe disposal of human waste, as well as the promotion of good hygiene practices. Access to sanitation goes beyond mere convenience; it is a fundamental requirement for human dignity, public health, and environmental sustainability. Adequate sanitation facilities and practices prevent the spread of diseases, protect water resources, and contribute to overall social and economic development.

Education plays a crucial role in promoting sanitation awareness. By providing communities with accurate information about the importance of sanitation, proper hygiene practices, and the consequences of poor sanitation, we can empower individuals to make informed decisions and take action. Schools, community centers, and public campaigns should focus on teaching basic hygiene practices, such as hand-washing, proper waste disposal, and maintaining clean water sources, to instill lifelong habits and ensure a healthier future.

5. Awareness on Our Planet on World Earth Day

We spread awareness on how to save our Planet Earth. We demonstrate support for environmental protection. Trees for the Earth.

6. Celebrated Worker's Day

We Celebrated Worker's Day to pay tribute to worker's sacrifice in achieving economic and social rights all over the world.

7. Celebrated Mother's Day.

We celebrated mother's Day to show their appreciation towards mother worldwide.

8. Spreading AIDS Awareness on World AIDS Vaccine Day.

We promoted the urgent need for a vaccine to prevent HIV infections and AIDS.

9. Say No to Tobacco on World No Tobacco Day

We draw attention to the widespread prevalence of tobacco use and negative health effects.

10. Plantation on World Environment Day.

We planted a whole lot of plants of different areas nearby to mark the sign of environment in our lives.

11. Blood Donation Camp on World Blood Donor Day

We raise awareness of the problem and thanked donors worldwide. Blood connects us all.

12. Spreading Awareness of Yoga on World Yoga Day.

We encourage the practice of yoga and meditation, creating awareness about Yoga and its benefits and taking up it in one's Day to day habits.

13. Celebrated Independence Day

Celebrated Independence day and organized parade events among children.

14. Celebrated Teacher's Day.

We celebrated Teacher's Day to honor the Teachers and also commemorate the birthday of India's first Vice President and Second President Sarvepalli Radhakrishnan.

15. Celebrated Hindi Diwas

To Pay tribute to the official Language of India as Hindi was adopted as the official language of constitutional assembly on Sept 14th,1949.

16. Celebrated International Day for the preservation of Ozone Layer

We spread awareness to commemorate the date of signing of the Montreal Protocol on substance that depletes the Ozone Layer.

17. Celebrated World Peace Day

We spread the idea of strengthening the ideals of peace, both within and among the Nations and Peoples. Building Blocks for Peace.

18. Spread Awareness on Older Persons on International day of Older Persons.

We draw attention to and challenging negative stereotypes and misconceptions about older persons and ageing.

19. Celebrated Gandhi Jayanti.

We celebrated Gandhi Jayanti on the Birth anniversary of Mahatma Gandhi.

20. Spreading Awareness on our Health on World Health Day

We brought attention to mental illness and its major effects on people's life worldwide. Dignity in mental health - psychological and mental health first aid for all.

21. Spreading Awareness on Poverty

We promote people's awareness of the need to eradicate poverty and destitution worldwide, particularly in developing countries. Moving from humiliation and exclusion to participation: Ending poverty in all forms.

22. Spreading awareness on polio on World Polio Day

We spread awareness on Polio and its affects and importance of its vaccine by taking them.

23. Celebrate Rashtriya Ekta Diwas

We commemorate the birth anniversary of Sardar Vallav Bhai Patel.

24. Celebrating Plastic Free Day

We spread awareness on use of plastics in our daily lives.

25. Celebrate Farmer's Day (Kisan Diwas)

We celebrated kisan diwas by thanking all the farmers worldwide, Our lives depend on them.

**Thanking You
UMESH GUPTA
(Helping Soul Foundation)**